

BASIC DISC GOLF RULES

THROWING ORDER: For the first hole, the group decides who throws first. For the remaining holes, the person who received the lowest score on the previous hole throws first. After the tee off, the player who is furthest from the target throws first.

TEE OFF: Tee throws must be released from within the designated area [-1 penalty]

LIE: The spot where the disc lands.

FAIRWAY THROWS: Must be made from on the lie. A run up and follow through is permitted.

PUTT: Within 10 yards of the target, a player may not step past the lie when attempting a putt throw.

HOLE COMPLETION: A hole is completed when a disc is in the basket or supported by the chains.