

Minutes of Heart & Soul Meeting August 1, 2019

Attendees: Steve Masson (Coach), Trish Sears (Coach) via teleconference; Katie Sawicki, Greg Noyes, Diana Rancourt, Les Klinefelter, Georgiana Carr, Angie Flanagan, Terrie Herr, Suzanne Routhier

Previous Minutes

- Handed out, reviewed for June 12, 20, July 20, 10, and July 25, 2019 meetings. Les moved to approve; Diana seconded. All in favor.

Guest Speaker Josee Berry

- Did not show; Katie will inform her of the next meeting.

Financial Report

- Not applicable as we have no money at this time. Les moved to go to the next item on the agenda; Terrie seconded. All in favor.

2019 Canaan. Naturally Connected, Inc. Overview:

- The team reviewed the overview that was created prior to the Challenge Meeting at Burke, with a few other items added. Correction to be made on the document is to change the word “encouraging” to “Working with” on the 2nd to last bullet of accomplishments.
- The group decided that what was on the overview was a good summation of what Canaan’s Heart & Soul/Canaan. Naturally Connected has accomplished as well as including the 5 value statements.
- The handout will help when creating the End of Year Review for communication purposes, grant writing, and Town Meeting article request.

Revamped short/long term project lists:

- A short term project list and a long term project list was compiled by going through all of the minutes since January 2016.
- Observations that were made while going through the information were:
 - CNC should have a monthly column in the local newspapers to inform the public of what the group has accomplished, presently working on, and the next few projects in the future. All in favor.
 - CNC needs another way to display our banner at functions. Research into a display holder and the purchase of a smaller banner will be needed. All in favor.
 - CNC needs to be more cognizant of obtaining pictures of community events that we are involved in as well as have a photo disclaimer available on any sign-up sheets (can be obtained via Google per Steve. All in favor.
 - CNC needs to track people’s in-kind hours (including our own) and money donated for grant writing purposes (matching). Les is going to forward to Terrie what he has for our use in the future. All in favor.
 - CNC should have an After Action Report after our events/events we are involved in. All in favor.
 - Terrie needs to catalogue all of CNCs items appropriately, through all of Base Camp and organize items downstairs at the Town Office. All in favor.

- Items in the Town Office should be relocated at the Grace Community Church parsonage. All in favor.
- Corrections to be made on the long term project document: “homeless shelter” to read “temporary housing”; add “Pioneer Trail” before “build a gazebo...”
- The current short term projects that are in progress are:
 - Welcome signs; April Lemay and Christine Cote are working on this project. They will be working with Mike Furbush; we will need 4 signs for Canaan and 1 sign for Beecher Falls. We will ask the town select board if Richard Thibeault would be able to put the new signs in. Angie will verify but the Canaan Schools Class of 2020 might donate money towards this project.
 - Fletcher Park beautification remains on-going with the refurbishing of the fountain . A community-wide/school competition of a mosaic tile design for the bottom of the fountain, as well as the side of the base, will be put forth. More research needs to be made on the type of tile used, temperature maximum and minimum to avoid cracking, and cost.
 - Create more community gatherings
- The current long term projects that are in progress are:
 - Pioneer Trail/gazebo in Beecher Falls park. Greg and Steve Ellis need to meet to know Pittsburg’s process for theirs went. Angie brought up that perhaps a local Eagle Scout would be interested in the gazebo project? Will need to be looked into for information.
 - Cultural Destination
 - Coffee shop
 - Non-motorized vehicle trails and maps

Old Business:

- Float for Stewartstown Day: meeting at 9:00 at the Town Office to travel to the line up at the Coos County Nursing Hospital; Greg, Diana and Frankie worked on the float. Greg, Ila Sawicki and Andrew Sawicki will be in the parade. Diana brought candy to be handed out during the parade.
- Flea Market: Diana, Katie and Georgiana will start it up at 9:00; change will be needed for purchases. Diana asked if she could sell 50/50 raffle tickets as well to benefit the Canaan Recreation Park. All in favor.
- Youth Night: End of Summer Luau; games will be limbo, cornhole, and basketball at the American Legion on August 19th, 7:00-9:00 PM. Suggested food items at the meeting were Angie offering to make punch with umbrellas, one box of hot dogs (Terrie will pick up as well as buns) Lei’s, drink umbrellas, as well as store bought snacks, candy, condiments, and beverages will be available. Chaperones will be Angie, Frankie, Katie, Georgiana, Greg, and Terrie. Use of electronic devices to provide music and speakers will be added to the jukebox option. The dance is for grades 7-12. It was discussed that perhaps the next gathering to drop the ages. No decision made at this time.
- Volunteer Fair: all in favor of making this a side meeting; **August 22nd at Grace Community Church, 5:00.** Target date for the fair is sometime in November 2019.
- Welcome Signs: previously typed in the minutes

New Business

- Moose Festival: CNC will set up a trifold presentation showing the 5 value statements, examples of short term projects and long term projects, as well as asking community members to complete a "Count Me In" card if they were interested in working on any projects that would fall into a statement that they have an interest, skill, talent, etc. in. It was decided that it be used for the Sugar Social on August 2 if it could be created. This was done.
- CNC received in the mail their exempt from income tax document from the IRS.
- Julie Nadeau suggested via Diana having a Trunk or Treat at the Canaan Rec Park. Suggested date was October 26th from 2:00-4:00. All in favor.
- Suzanne stated that NEKCA has micro business opportunities to include consulting about starting a new business. (At the Sugar Social, she provided Terrie with a pamphlet she created showing various resources that NEKCA provides. This will be shared at the next meeting.)
- Suzanne also said that a first meeting for At Risk Youth was going to be occurring on Monday, August 5th at 9:00. This is a beginning stage to formulate this resource. NEKCA also provides community service opportunities.

Next meeting

- September 5, 2019, Grace Community Church, 5:30

Adjourn meeting:

- Terrie made a motion to adjourn; Angie 2nd; all in favor