Become a Senior Companion!

We have a need for several Senior Companions throughout the Northeast Kingdom. This is a wonderful opportunity to support an elder friend or neighbor with companionship, help with shopping, or help to take them to medical appointments. There is a small stipend that is tax-free and mileage is reimbursed. For more information, visit our website or call Felicity Norko, our Senior Companion Program Coordinator at (800) 642-5119 or (802) 334-4816.

Thank you.

www.nekcouncil.org
SENIOR COMPANION BENEFITS AND REQUIREMENTS

Requirements:

➢ Must be 55 or older
➢ Must work a minimum of 5-10 hours a week, not to exceed 2,080 hours per year. Volunteers can work anywhere from 5-40 hours per week.
➢ Income eligibility guidelines:

2022 AmeriCorps Seniors FGP/SCP Income Eligibility Levels
[Based on 200 percent of DHHS poverty guidelines]

<table>
<thead>
<tr>
<th>Family Units Of:</th>
<th>One</th>
<th>Two</th>
<th>Three</th>
<th>Four</th>
</tr>
</thead>
<tbody>
<tr>
<td>States: All, except Alaska &amp; Hawaii</td>
<td>$27,180</td>
<td>$36,620</td>
<td>$46,060</td>
<td>$55,500</td>
</tr>
</tbody>
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Benefits:

➢ $3.15 hourly stipend. The stipend you receive is non-taxable and does not count against other benefits you receive such as 3SquaresVT or subsidized housing.
➢ $.625 per mile mileage reimbursement
➢ Monthly in-service meetings
➢ Flexible schedule—You make your own hours!

To learn more call our Helpline at 1-800-642-5119.
7/15/2022

Dear NEK Town Clerks,

I am the Senior Companion Coordinator at the NEKCOA in the St. Johnsbury office and I am asking for your help to promote the Senior Companion Program.

The NEKCOA is inviting those 55 or older that can offer 5 to 40 hours a week looking to help other older adults in need of transportation assistance to medical appointments, grocery shopping, and also help to offer companionship to those in need.

This is a great opportunity for older adults to make a little extra money that is not counted towards taxes. The pay rate is $3.15 an hour and milage reimbursement at $0.62. Applicants must meet income qualifications.

Could you please help us to include the enclosed flyer on your town's bulletin board?

Please contact me for more information or any questions you may have by phone (802)334-4816 or via email fnorko@nekcouncil.org.

Thank you for your time,

Felicity Norko

Felicity Norko

Senior Companion Coordinator

NEKCOA

481 Summer St., Suite 101

St. Johnsbury, VT 05819